Learning to Walk in the Spirit

by Duane L. Anderson



Learning to Walk in the Spirit

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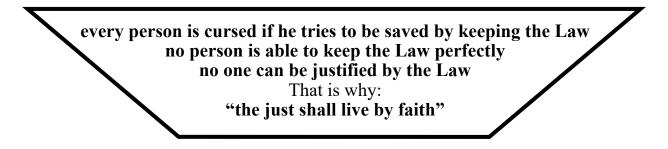
I. God calls us to stand fast in liberty

A. Liberty is the result of Christ making us free Galatians 5:1

"Stand fast therefore in the liberty by which Christ has made us free, and do not be entangled again with a yoke of bondage."

1. Christ knew that no one could keep the Law perfectly Galatians 3:10-11

"For as many as are of the works of the law are under the curse; for it is written, 'Cursed *is* everyone who does not continue in all things which are written in the book of the law, to do them.' But that no one is justified by the law in the sight of God is evident, for 'the just shall live by faith.""



2. Christ redeemed us from the curse of the Law Galatians 3:13

"Christ has redeemed us from the curse of the law, having become a curse for us (for it is written, 'Cursed *is* everyone who hangs on a tree')."

Christ redeemed us from the curse of the law Christ became a curse for us Christ took our curse on Himself by dying on the cross

3. Christ set us free from the Law Galatians 3:24-25

"Therefore the law was our tutor *to bring us* to Christ, that we might be justified by faith. But after faith has come, we are no longer under a tutor."

Christ gave us the Law to show us our need for Christ Christ made it possible for us to be justified by faith Christ said that we are now no longer under the Law

B. Liberty sets us free to serve one another in love Galatians 5:13

"For you, brethren, have been called to liberty; only do not *use* liberty as an opportunity for the flesh, but through love serve one another."

1. Christ set us free so that we can be transformed by the Spirit 2 Corinthians 3:15-18

"But even to this day, when Moses is read, a veil lies on their heart. Nevertheless when one turns to the Lord, the veil is taken away. Now the Lord is the Spirit; and where the Spirit of the Lord *is*, there *is* liberty. But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord."

Christ took away the veil on our hearts Christ set us free and gave us liberty when we turned to Him Christ made it possible for us to behold the glory of the Lord Christ made it possible for us to be transformed into that same image

2. Christ warned about those who try to bring us back into bondage Galatians 2:3-5

"Yet not even Titus who *was* with me, being a Greek, was compelled to be circumcised. And *this* occurred because of false brethren secretly brought in (who came in by stealth to spy out our liberty which we have in Christ Jesus, that they might bring us into bondage), to whom we did not yield submission even for an hour, that the truth of the gospel might continue with you."

Christ warned that false brethren do not like liberty Christ warned they want to bring others back under bondage Christ used Paul to challenge these false brethren Christ wants us to understand the truth of the Gospel

3. Christ gave us this liberty to serve God 1 Peter 2:16

"As free, yet not using liberty as a cloak for vice, but as bondservants of God."

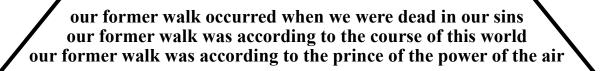
we have been set free from sin we do not use that liberty as a cover for sin we use that liberty to be bondservants of God we are then able to serve one another in love

C. Liberty makes it possible for us to walk in the Spirit Galatians 5:16

"I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh."

1. Christ set us free from our former walk Ephesians 2:1-2

"And you *He made alive*, who were dead in trespasses and sins, in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience."



2. Christ created us new so that it is possible for us to do good works Ephesians 2:10

"For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them."

> God said that we are His workmanship God created us in Christ Jesus for good works God prepared those good works for us to walk in them

3. Christ made it possible for us to walk in love Ephesians 5:1-2

"Therefore be imitators of God as dear children. And walk in love, as Christ also has loved us and given Himself for us, an offering and a sacrifice to God for a sweet-smelling aroma."

> Christ made it possible for us to be imitators of God Christ made it possible for us to walk in love Christ did this by loving us and giving Himself for us Christ gave Himself as a sacrifice to God for us

4. Christ made it possible for us to walk in Him Colossians 2:6-7

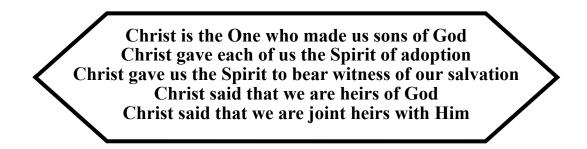
"As you therefore have received Christ Jesus the Lord, so walk in Him, rooted and built up in Him and established in the faith, as you have been taught, abounding in it with thanksgiving."

D. Liberty makes it possible for us to be led by the Spirit Galatians 5:18

"But if you are led by the Spirit, you are not under the law."

1. Christ assures us when we are led by the Spirit that we are the sons of God Romans 8:14-17

"For as many as are led by the Spirit of God, these are sons of God. For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, 'Abba, Father.' The Spirit Himself bears witness with our spirit that we are children of God, and if children, then heirs—heirs of God and joint heirs with Christ, if indeed we suffer with *Him*, that we may also be glorified together."



2. Christ assures us we are not under the Law Galatians 4:5

"To redeem those who were under the law, that we might receive the adoption as sons."

Christ came to redeem us when we were under the Law Christ came so that we could receive adoption as sons

3. Christ says we are not under the Law so that He can be formed in us Galatians 4:19-22, 4:30

"My little children, for whom I labor in birth again until Christ is formed in you, I would like to be present with you now and to change my tone; for I have doubts about you. Tell me, you who desire to be under the law, do you not hear the law For it is written that Abraham had two sons: the one by a bondwoman, the other by a freewoman. ...Nevertheless what does the Scripture say? 'Cast out the bondwoman and her son, for the son of the bondwoman shall not be heir with the son of the freewoman.""

Christ cannot be formed in us by trying to keep the Law Christ compares the Law to a bondwoman that must be cast out

E. Liberty makes it possible for us to live in the Spirit Galatians 5:25

"If we live in the Spirit, let us also walk in the Spirit."

1. Christ said that we are dead to the Law so that we can live to God Galatians 2:19-20

"For I through the law died to the law that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me."

> we must die to the Law in order to live to God we have been crucified with Christ we no longer live in ourselves we have Christ living in us we live the life of Christ by faith we recognize that Christ loved us we recognize that Christ gave Himself for us

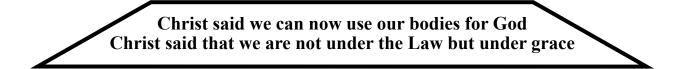
2. Christ died to sin and the Law so that we can live to God Romans 6:9-11

"Knowing that Christ, having been raised from the dead, dies no more. Death no longer has dominion over Him. For *the death* that He died, He died to sin once for all; but *the life* that He lives, He lives to God. Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord."

Christ has been raised from the dead Christ died to sin and lives to God Christ said that we are now alive to God

3. Christ said that we can now live to God by yielding to Him Romans 6:13-14

"And do not present your members *as* instruments of unrighteousness to sin, but present yourselves to God as being alive from the dead, and your members *as* instruments of righteousness to God. For sin shall not have dominion over you, for you are not under law but under grace."

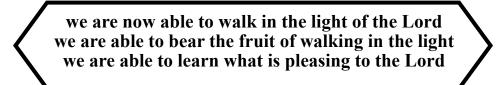


F. Liberty will cause our lives to bear the fruit of the Spirit Galatians 5:22-23

"But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law."

1. Christ causes our lives to bear the fruit of the Spirit (of light) Ephesians 5:8-10

"For you were once darkness, but now *you are* light in the Lord. Walk as children of light (for the fruit of the Spirit *is* in all goodness, righteousness, and truth), finding out what is acceptable to the Lord."



2. Christ causes our lives to bear much fruit as we abide in Him John 15:5

"I am the vine, you *are* the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing."

Christ abides in us because we are connected to Him Christ causes us to abide in Him as we yield to Him Christ causes our lives to bear much fruit as we abide in Him Christ says our lives bear no fruit when we are not abiding in Him

3. Christ causes our lives to bring glory to God as we abide in Him John 15:8

"By this My Father is glorified, that you bear much fruit; so you will be My disciples."

Christ said that much fruit bearing causes the Father to be glorified Christ said that we are His disciples as we bear much fruit

4. Christ causes our lives to bear fruit that remains John 15:16

"You did not choose Me, but I chose you and appointed you that you should go and bear fruit, and *that* your fruit should remain, that whatever you ask the Father in My name He may give you."

Christ appointed us to bear fruit that remains

G. Liberty makes it possible for us to be filled with the Spirit Ephesians 5:18

"And do not be drunk with wine, in which is dissipation; but be filled with the Spirit."

1. Paul prayed five things for the Christians in Ephesus Ephesians 3:14-19

"For this reason I bow my knees to the Father of our Lord Jesus Christ, from whom the whole family in heaven and earth is named, that He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man, that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, may be able to comprehend with all the saints what is the width and length and depth and height—to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God."

it is possible for us to be strengthened with might through His Spirit it is possible for Christ to dwell in our hearts through faith it is possible for us to be rooted and grounded in love it is possible for us to know the love of Christ that passes knowledge it is possible for us to be filled with all the fullness of God

2. Paul explained how the power of the Holy Spirit works within our lives Romans 15:13

"Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit."

the power of the Holy Spirit works in our lives the power of the Holy Spirit causes us to be filled with joy the power of the Holy Spirit causes us to be filled with peace the power of the Holy Spirit causes us to abound in hope

3. Peter modeled how the power of the Holy Spirit works through our lives Acts 4:8, 13

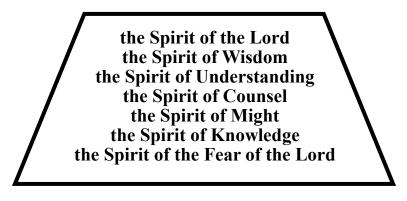
"Then Peter, filled with the Holy Spirit, said to them, 'Rulers of the people and elders of Israel:' ...Now when they saw the boldness of Peter and John, and perceived that they were uneducated and untrained men, they marveled. And they realized that they had been with Jesus."

Peter was filled with the Holy Spirit and spoke the Word of God with boldness

H. Liberty happens as we experience the seven-fold fullness of the Spirit Isaiah 11:2

"The Spirit of the Lord shall rest upon Him, the Spirit of wisdom and understanding, the Spirit of counsel and might, the Spirit of knowledge and of the fear of the Lord."

The seven-fold fullness of the Holy Spirit was upon Christ



1. Christ modeled what it means to be strong in Spirit Luke 2:40

"And the Child grew and became strong in spirit, filled with wisdom; and the grace of God was upon Him."

Christ became strong in Spirit Christ was filled with wisdom Christ had the grace of God upon Him

2. Christ modeled what it means to be led by the Spirit Luke 4:1

"Then Jesus, being filled with the Holy Spirit, returned from the Jordan and was led by the Spirit into the wilderness."

Christ was filled with the Holy Spirit Christ was led by the Spirit

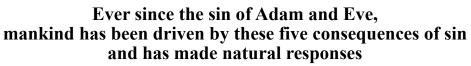
3. Christ modeled what it meant to have the Spirit of the Lord on Him Luke 4:18-19

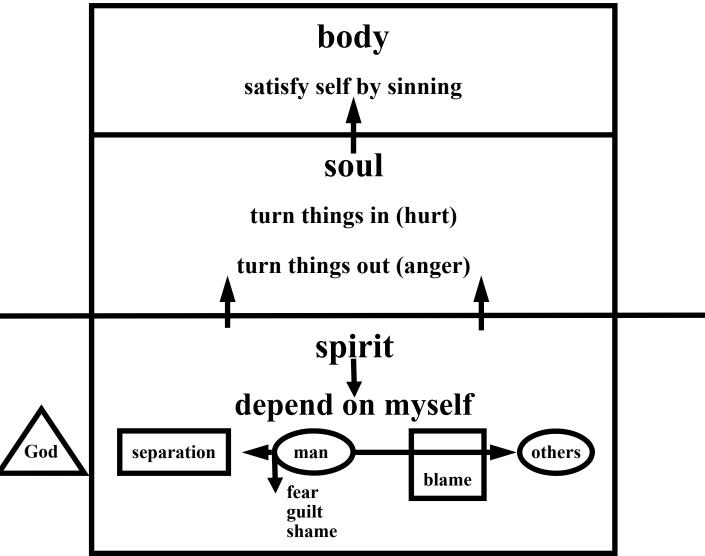
"The Spirit of the Lord *is* upon Me, because He has anointed Me to preach the gospel to *the* poor; He has sent Me to heal the brokenhearted, to proclaim liberty to *the* captives and recovery of sight to *the* blind, *to* set at liberty those who are oppressed; to proclaim the acceptable year of the Lord."

II. God explains how the Holy Spirit gives us power to make supernatural responses

A. We made natural responses before we became Christians Genesis 3:7-13

"Then the eyes of both of them were opened, and they knew that they *were* naked; and they sewed fig leaves together and made themselves coverings. And they heard the sound of the Lord God walking in the garden in the cool of the day, and Adam and his wife hid themselves from the presence of the Lord God among the trees of the garden. Then the Lord God called to Adam and said to him, 'Where *are* you?' So he said, 'I heard Your voice in the garden, and I was afraid because I was naked; and I hid myself.' And He said, 'Who told you that you *were* naked? Have you eaten from the tree of which I commanded you that you should not eat?' Then the man said, 'The woman whom You gave to *be* with me, she gave me of the tree, and I ate.' And the Lord God said to the woman, 'What *is* this you have done?' The woman said, 'The serpent deceived me, and I ate.'



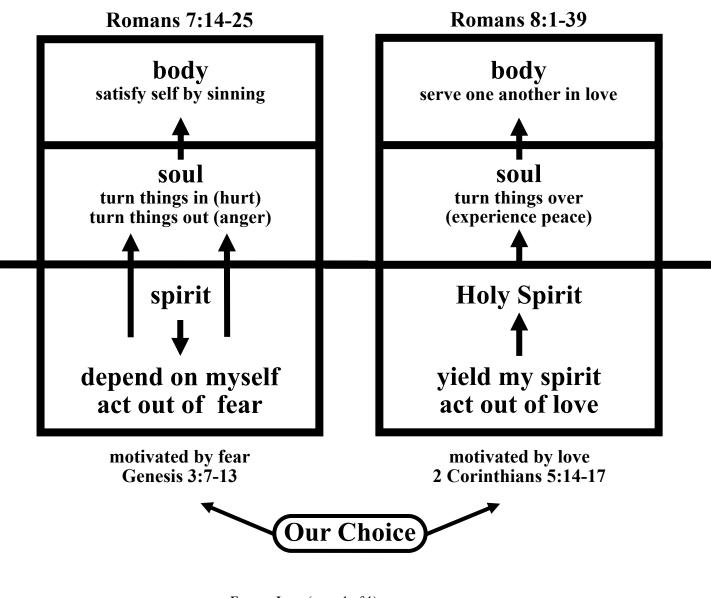


B. We are now free to be led by love instead of driven by fear 2 Corinthians 5:14-17

"For the love of Christ compels us, because we judge thus: that if One died for all, then all died; and He died for all, that those who live should live no longer for themselves, but for Him who died for them and rose again. Therefore, from now on, we regard no one according to the flesh. Even though we have known Christ according to the flesh, yet now we know *Him thus* no longer. Therefore, if anyone *is* in Christ, *he is* a new creation; old things have passed away; behold, all things have become new."

Understanding why we can act in love when we present ourselves to God

we will act out of fear when we depend on our own strength we can act out of love when we present ourselves to God

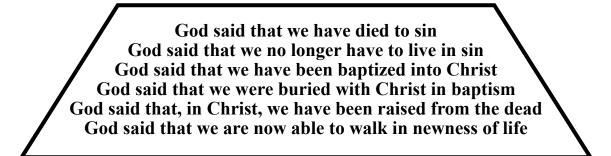


Fear or Love (page 1 of 1) Updated: July 2023 This diagram is taken from page 81 of the manual "Healing the Wounds to the Human Spirit" Copyright © 1996, Duane L. Anderson, American Indian Bible Institute; 2022 DLA, Serve and Equip This resource is available from and distributed free of charge by Serve and Equip - https://sveq.org ANY REPRODUCTION OF MATERIAL FOR RESALE OR PROFIT IS STRICTLY PROHIBITED

C. We are now free to know, understand and apply Biblical principles that will make it possible to make supernatural choices Romans 6:1-23

1. We can know that we have been raised to walk in newness of life Romans 6:1-4

"What shall we say then? Shall we continue in sin that grace may abound? Certainly not! How shall we who died to sin live any longer in it? Or do you not know that as many of us as were baptized into Christ Jesus were baptized into His death? Therefore we were buried with Him through baptism into death, that just as Christ was raised from the dead by the glory of the Father, even so we also should walk in newness of life."



2. We can now understand what happened to our old man Romans 6:5-7

"For if we have been united together in the likeness of His death, certainly we also shall be *in the likeness* of *His* resurrection, knowing this, that our old man was crucified with *Him*, that the body of sin might be done away with, that we should no longer be slaves of sin. For he who has died has been freed from sin."

God has united us together in the likeness of the death of Christ (this means we are no longer a slave to sin) God has united us together in the likeness of His resurrection (this means we are now free to live a godly life)

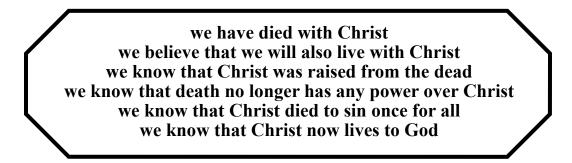
God wants us to know that our old man was crucified with Christ God wants us to know that our sin has been done away with God wants us to know that we are no longer slaves to sin God wants us to know that His death freed us from sin

we are now dead to sin

we are now alive to God

3. We can now begin to understand what it means to live with Christ Romans 6:8-10

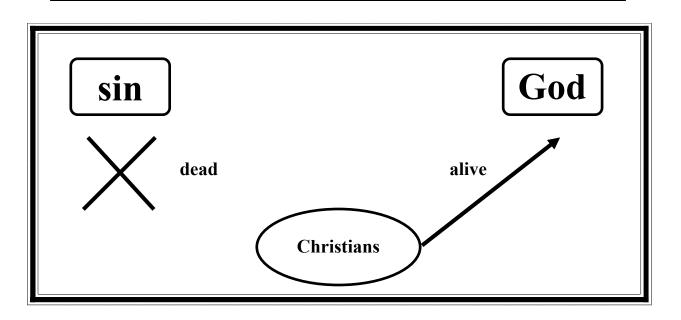
"Now if we died with Christ, we believe that we will also live with Him, knowing that Christ, having been raised from the dead, dies no more. Death no longer has dominion over Him. For *the death* that He died, He died to sin once for all; but *the life* that He lives, He lives to God."



4. We can now begin to act on that knowledge Romans 6:11-12

"Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord. Therefore do not let sin reign in your mortal body, that you should obey it in its lusts."

we can now count on the fact that we are dead to sin we can now count on the fact that we are alive to God we can now count on the fact that this is true because of Christ we can count on the fact that sin lost its rule over our body we can count on the fact that we no long have to obey sin we can count on the fact that we do not have to obey evil desires



5. We are now able to yield to God Romans 6:13-16

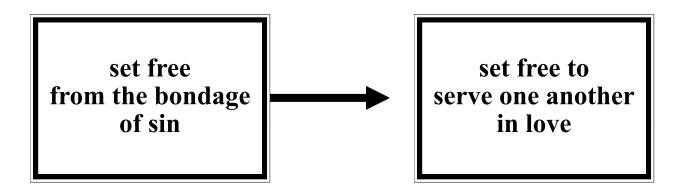
"And do not present your members *as* instruments of unrighteousness to sin, but present yourselves to God as being alive from the dead, and your members *as* instruments of righteousness to God. For sin shall not have dominion over you, for you are not under law but under grace. What then? Shall we sin because we are not under law but under grace? Certainly not! Do you not know that to whom you present yourselves slaves to obey, you are that one's slaves whom you obey, whether of sin *leading* to death, or of obedience *leading* to righteousness?"

we no longer have to offer our body to sin to do evil we are now given the power to offer ourselves to God we are now free to use our body to do righteousness we no longer have sin as our master we are no longer under the law we are now under grace

we do not want to sin, because we are under grace we become the slaves of the one to whom we offer ourselves we become slaves to the one who we obey we can become slaves to sin which leads to death we can become slaves to obedience which leads to righteousness

6. We are now free to serve one another in love Galatians 5:13

"For you, brethren, have been called to liberty; only do not *use* liberty as an opportunity for the flesh, but through love serve one another."



Are you enjoying your liberty in Christ?

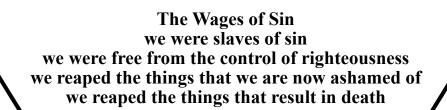
7. We have been set free from sin and are now able to be become slaves of righteousness Romans 6:17-23

"But God be thanked that *though* you were slaves of sin, yet you obeyed from the heart that form of doctrine to which you were delivered. And having been set free from sin, you became slaves of righteousness. I speak in human *terms* because of the weakness of your flesh. For just as you presented your members *as* slaves of uncleanness, and of lawlessness *leading* to *more* lawlessness, so now present your members *as* slaves *of* righteousness for holiness. For when you were slaves of sin, you were free in regard to righteousness. What fruit did you have then in the things of which you are now ashamed? For the end of those things *is* death. But now having been set free from sin, and having become slaves of God, you have your fruit to holiness, and the end, everlasting life. For the wages of sin *is* death, but the gift of God *is* eternal life in Christ Jesus our Lord."

we can give thanks to God we used to be slaves to sin we were given a great desire to obey the truth given by Christ we have been set free from the bondage of sin we have chosen to become the slaves of righteousness

we realize that we are weak in our own strength we used to offer our body in slavery to impurity we used to offer our body to ever-increasing wickedness

we are now free to offer our body in slavery to righteousness we are now free to offer our body to become holy and more like Christ



The Gift of God we have now been set free from sin we have now become the slaves of God we now reap benefits that lead us to holy living we now reap benefits that lead to eternal life

D. We will continue to make natural responses when we depend on our own strength Romans 7:14-25

"For we know that the law is spiritual, but I am carnal, sold under sin. For what I am doing, I do not understand. For what I will to do, that I do not practice; but what I hate, that I do. If, then, I do what I will not to do, I agree with the law that *it is* good. But now, *it is* no longer I who do it, but sin that dwells in me. For I know that in me (that is, in my flesh) nothing good dwells; for to will is present with me, but *how* to perform what is good I do not find. For the good that I will to do, I do not do; but the evil I will not to do, that I practice. Now if I do what I will not to do, it is no longer I who do it, but sin that dwells in me. I find then a law, that evil is present with me, the one who wills to do good. For I delight in the law of God according to the inward man. But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members. O wretched man that I am! Who will deliver me from this body of death? I thank God—through Jesus Christ our Lord! So then, with the mind I myself serve the law of God, but with the flesh the law of sin."

we will act out of fear when we depend on our own strength notice that the words I, me, my and myself are used 37 times

> as a believer, I want to be obedient to God as a believer, I do what I do not want to do as a believer, I will not to do the things I do as a believer, I hate the sins that I do as a believer, I agree that the law is good as a believer, I realize that I continue to sin

as a believer, I realize I cannot do good in my own strength as a believer, I continue to practice evil as a believer, I will to do good as a believer, I delight in the law of God as a believer, I have a conflict between my thoughts and my actions as a believer, I feel I am still in captivity to the law of sin as a believer, I feel like I am a wretched person as a believer, I look forward to deliverance as a believer, I give thanks to God through our Lord Jesus Christ as a believer, I realize I fail in my own strength

E. We can make supernatural responses as we yield to God Romans 8:28-39

"And we know that all things work together for good to those who love God, to those who are the called according to His purpose. For whom He foreknew, He also predestined to be conformed to the image of His Son, that He might be the firstborn among many brethren. Moreover whom He predestined, these He also called; whom He called, these He also justified; and whom He justified, these He also glorified. What then shall we say to these things? If God is for us, who can be against us? He who did not spare His own Son, but delivered Him up for us all, how shall He not with Him also freely give us all things? Who shall bring a charge against God's elect? It is God who justifies. Who is he who condemns? It is Christ who died, and furthermore is also risen, who is even at the right hand of God, who also makes intercession for us. Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written: 'For Your sake we are killed all day long; We are accounted as sheep for the slaughter.' Yet in all these things we are more than conquerors through Him who loved us. For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord."

> we can act out of love when we yield ourselves to God notice that the words we and us are used 13 times

as believers, we know God causes all things to work out for good as believers, we know we are called according to the purpose of God as believers, we know that God wants to conform us to the image of Christ as believers, we know that God determined to save us as believers, we know that God called, justified and glorified us as believers, we know that God called, justified and glorified us as believers, we know that God delivered His Son to pay for our sin as believers, we know that God delivered His Son to pay for our sin as believers, we know that no one can bring a charge against us as believers, we know that Cod has justified us as believers, we know that Christ died and rose again for us as believers, we know that Christ is making intercession for us as believers, we know that nothing can separate us from the love of Christ as believers, we know that no created thing can separate us from the love of God which is in Jesus Christ our Lord

F. We can now act in the power of the Holy Spirit by walking in the Spirit Romans 8

1. Christ promised to send the Holy Spirit to be our Helper John 14:15-18

"If you love Me, keep My commandments. And I will pray the Father, and He will give you another Helper, that He may abide with you forever—the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him; but you know Him, for He dwells with you and will be in you. I will not leave you orphans; I will come to you."

Christ said that true love gives us a desire to be obedient to Him Christ said that He would ask the Father to give us a Helper Christ said that He would send the Holy Spirit to dwell in us Christ said that He would not leave us as orphans

2. Christ promised that the Holy Spirit would give us power from on high Luke 24:49

"Behold, I send the Promise of My Father upon you; but tarry in the city of Jerusalem until you are endued with power from on high."

3. Christ promised that the Holy Spirit would give us power to be obedient to Him - Acts 1:8

"But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth."

In the first seven chapters of Romans, the Holy Spirit is mentioned once In Romans 8, the Holy Spirit is mentioned nineteen times

We see that we feel like a failure in Romans 7:14-25 We see that we can know we are loved, even when we fail in Romans 8:28-39

The Father gave us the Holy Spirit to be our Helper

at each moment I depend on my own strength:

I fail!

at each moment we yield to the Holy Spirit:

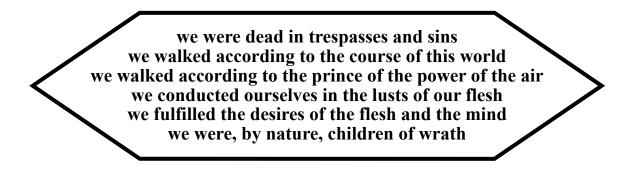
Christ shows the world His love through us!

III. God wants us to experience the liberty of the Spirit of the Lord

A. Consequences when we fail to depend on the Spirit of the Lord (we depended on the spirit of this world – Satan)

1. Before we became Christians, we depended on our own strength Ephesians 2:1-3

"And you He *made alive*, who were dead in trespasses and sins, in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience, among whom also we all once conducted ourselves in the lusts of our flesh, fulfilling the desires of the flesh and of the mind, and were by nature children of wrath, just as the others."



2. Present consequences as Christians when we depend on our own strength Hebrews 5:11-14

"Of whom we have much to say, and hard to explain, since you have become dull of hearing. For though by this time you ought to be teachers, you need *someone* to teach you again the first principles of the oracles of God; and you have come to need milk and not solid food. For everyone who partakes only of milk *is* unskilled in the word of righteousness, for he is a babe. But solid food belongs to those who are of full age, *that is*, those who by reason of use have their senses exercised to discern both good and evil."

we become dull of hearing we have been Christians long enough we should be teaching others we need someone to reteach us the basics of the Word of God we are no longer able to enjoy solid spiritual food we have become unskilled in the Word of righteousness we act like one who is a spiritual toddler we are not acting as mature Christians we do not exercise our senses so they recognize good we do not exercise our senses so they recognize evil

B. Blessings as we learn to depend on the Spirit of the Lord

1. The Spirit sets us free from our guilt Romans 8:1-4

"There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit. For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death. For what the law could not do in that it was weak through the flesh, God *did* by sending His own Son in the likeness of sinful flesh, on account of sin: He condemned sin in the flesh, that the righteous requirement of the law might be fulfilled in us who do not walk according to the flesh but according to the Spirit."

the Spirit reminds us that we no longer face condemnation (this is due to the fact that we have been justified by Christ) the Spirit has set us free from the law of sin and death (the law could show we were guilty, but could never set us free) the Spirit reminds us that Christ came in the flesh the Spirit reminds us that Christ came to pay for sin the Spirit reminds us that Christ defeated sin on the cross the Spirit reminds us that Christ took our penalty for our sin *"My God, My God, Why have you forsaken me?"* the Spirit reminds us that Christ took the righteous requirement of the law the Spirit has set us free so that we no longer need to walk in the flesh (we are now able to be led by the love of Christ) the Spirit has set us free to walk according to the Spirit (we are now able to walk in the power of the Spirit)

2. The Spirit transforms us into the image of Christ 2 Corinthians 3:17-18

"Now the Lord is the Spirit; and where the Spirit of the Lord *is*, there is liberty. But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord."

we are now free to yield to the Spirit of the Lord we are now able to experience the liberty given by the Spirit we are no longer blinded by the law of sin we are able to gaze at the glory of the Lord we are being transformed into that same image we are being transformed by the work of the Spirit in our lives

IV. God wants us to experience the liberty of the Spirit of Wisdom

A. Consequences when we fail to depend on the Spirit of Wisdom

1. Before we became a Christian, we depended on the wisdom of the world Romans 1:22-23

"Professing to be wise, they became fools, and changed the glory of the incorruptible God into an image made like corruptible man—and birds and four-footed animals and creeping things."

> we professed to be wise but became fools we changed the glory of the incorruptible God we created idols made like corruptible man

Understanding God's view of the wisdom of the world 1 Corinthians 3:19

"For the wisdom of this world is foolishness with God. For it is written, 'He catches the wise in their *own* craftiness.""

worldly wisdom is foolishness with God worldly wisdom is based on human craftiness

2. Present consequences as Christians when we depend on our own wisdom James 3:14-16

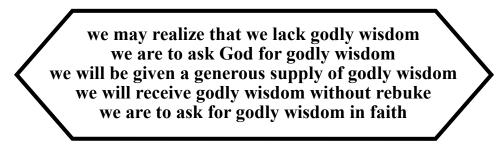
"But if you have bitter envy and self-seeking in your hearts, do not boast and lie against the truth. This wisdom does not descend from above, but *is* earthly, sensual, demonic. For where envy and self-seeking *exist*, confusion and every evil thing *are* there."

human wisdom produces bitter envy human wisdom produces self-seeking in our hearts human wisdom boasts against the truth human wisdom causes us to speak lies human wisdom does not come from God human wisdom is earthly human wisdom is sensual human wisdom is demonic human wisdom produces confusion human wisdom produces every evil work

B. Blessings as we learn to depend on the Spirit of Wisdom

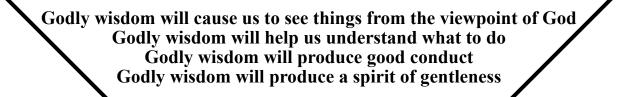
1. Godly wisdom is freely given to those who ask in faith James 1:5-6

"If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him. But let him ask in faith, with no doubting, for he who doubts is like a wave of the sea driven and tossed by the wind."



2. Godly wisdom produces godly conduct James 3:13

"Who *is* wise and understanding among you? Let him show by good conduct *that* his works *are done* in the meekness of wisdom."



3. Godly wisdom produces peace James 3:17-18

"But the wisdom that is from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without partiality and without hypocrisy. Now the fruit of righteousness is sown in peace by those who make peace."

Godly wisdom is from the Lord Godly wisdom produces integrity God wisdom brings peace Godly wisdom is patient and fair Godly wisdom is willing to yield Godly wisdom is full of mercy Godly wisdom produces a fruitful life Godly wisdom is fair to all Godly wisdom is genuine

V. God wants us to experience the liberty of the Spirit of Understanding

A. Consequences when we fail to depend on the Spirit of Understanding

1. Natural understanding was what we depended on as non-Christians 1 Corinthians 2:14

"But the natural man does not receive the things of the Spirit of God, for they are foolishness to him; nor can he know *them*, because they are spiritually discerned."

the natural man cannot receive the things of the Spirit of God the natural man views spiritual understanding as foolishness the natural man does not understand the things of God the natural man has no spiritual discernment

2. Natural understanding did not cause us to seek God Romans 3:11

"There is none who understands; There is none who seeks after God."

we were without understanding we did not seek God

3. Natural understanding will be destroyed by God 1 Corinthians 1:19

"For it is written: 'I will destroy the wisdom of the wise, and bring to nothing the understanding of the prudent.""

> God will destroy the wisdom of the wise God will bring to nothing the understanding of the prudent

4. Natural understanding caused Christ to speak to the people in parables Matthew 13:13-14

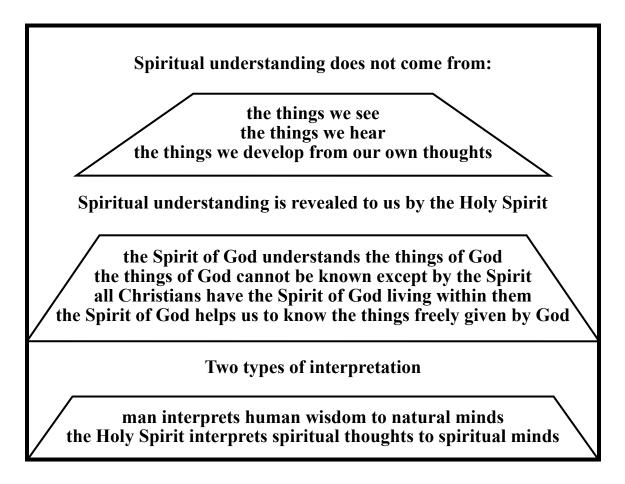
"Therefore I speak to them in parables, because seeing they do not see, and hearing they do not hear, nor do they understand. And in them the prophecy of Isaiah is fulfilled, which says: 'Hearing you will hear and shall not understand, and seeing you will see and not perceive.""

> people fulfill the prophecy given by Isaiah people can hear but they can not understand people can see but they cannot perceive

B. Blessings as we learn to depend on the Spirit of Understanding

1. The Holy Spirit was sent to give us understanding 1 Corinthians 2:9-13

"But as it is written: 'Eye has not seen, nor ear heard, nor have entered into the heart of man the things which God has prepared for those who love Him.' But God has revealed *them* to us through His Spirit. For the Spirit searches all things, yes, the deep things of God. For what man knows the things of a man except the spirit of the man which is in him? Even so no one knows the things of God except the Spirit of God. Now we have received, not the spirit of the world, but the Spirit who is from God, that we might know the things that have been freely given to us by God. These things we also speak, not in words which man's wisdom teaches but which the Holy Spirit teaches, comparing spiritual things with spiritual."



2. The Holy Spirit gives us the same understanding Christ gave the disciples Luke 24:45

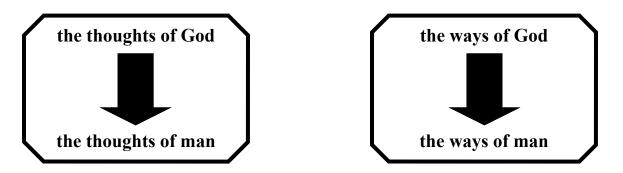
"And He opened their understanding, that they might comprehend the Scriptures."

the Holy Spirit will open our understanding the Holy Spirit will help us understand the Scriptures

VI. God wants us to experience the liberty of the Spirit of Counsel

A. The comparison of the counsel of the world and the counsel of God Isaiah 55:8-9

"For My thoughts *are* not your thoughts, nor *are* your ways My ways,' says the Lord. 'For *as* the heavens are higher than the earth, so are My ways higher than your ways, and My thoughts than your thoughts.""



B. Consequences when we fail to depend on the Spirit of Counsel

1. Before we became Christians we depended on the counsel of the world Roman 1:21-23

"Because, although they knew God, they did not glorify *Him* as God, nor were thankful, but became futile in their thoughts, and their foolish hearts were darkened. Professing to be wise, they became fools, and changed the glory of the incorruptible God into an image made like corruptible man—and birds and fourfooted animals and creeping things."

the counsel of the world caused us to become futile in our thoughts the counsel of the world caused us to develop foolish darkened hearts the counsel of the world caused us to act as if there was no God this counsel caused us to change the glory of God into our image

2. The counsel of the world is based on getting our own way John 12:10-11

"But the chief priests plotted to put Lazarus to death also, because on account of him many of the Jews went away and believed in Jesus."

the chief priests saw Christ as a threat to their power the chief priests plotted against Lazarus the chief priests saw many people stop following them the chief priests saw people starting to follow Jesus

C. Blessings as we learn to depend on the Spirit of Counsel

1. We are able to learn the whole counsel of God Acts 20:27

"For I have not shunned to declare to you the whole counsel of God."

we have been given the counsel of God to lead us we are able to teach others the whole counsel of God

2. We know that the counsel of God cannot be overthrown Acts 5:38-39

"And now I say to you, keep away from these men and let them alone; for if this plan or this work is of men, it will come to nothing; but if it is of God, you cannot overthrow it—lest you even be found to fight against God."

the counsel of men will come to nothing the counsel of God cannot be overthrown

3. We are able to develop the attitudes of Christ Philippians 2:1-5

"Therefore if *there is* any consolation in Christ, if any comfort of love, if any fellowship of the Spirit, if any affection and mercy, fulfill my joy by being likeminded, having the same love, *being* of one accord, of one mind. *Let* nothing *be done* through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself. Let each of you look out not only for his own interests, but also for the interests of others. Let this mind be in you which was also in Christ Jesus."

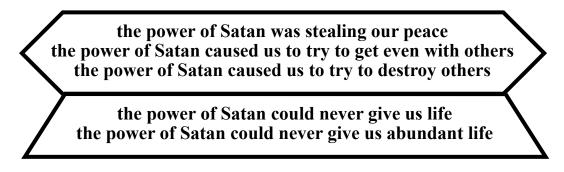
> the Holy Spirit is able to help us become like-minded the Holy Spirit is able to help us develop the same love the Holy Spirit is able to help us become of one accord the Holy Spirit is able to help us become of one mind the Holy Spirit is able to change our selfish ambition the Holy Spirit is able to change our conceit

the Holy Spirit is able to help us develop humility the Holy Spirit is able to help us value others the Holy Spirit is able to help us minister to the interests of others the Holy Spirit is able to help us develop the attitude of Christ VII. God wants us to experience the liberty of the Spirit of Might

A. Consequences when we fail to depend on the Spirit of Might

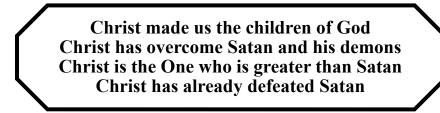
1. Before we became Christians, we depended on the power of Satan John 10:10

"The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly."



2. As Christians, we may still depend on the one who has lost his power 1 John 4:4

"You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world."



3. As Christians, we may depend on our own power John 15:5

"I am the vine, you *are* the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing."

we forget that Christ is the vine and we are the branches we fail to act on the fact that Christ abides in us we fail to act on the fact that we abide in Christ we find that in our own strength we can do nothing

4. As Christians, we can still live miserable lives Romans 7:24

"O wretched man that I am! Who will deliver me from this body of death?"

B. Blessings as we learn to depend on the Spirit of Might

1. Christ is the source of all authority Matthew 28:18

"And Jesus came and spoke to them, saying, 'All authority has been given to Me in heaven and on earth.""

Christ has all authority in heaven Christ has all authority on earth

2. Christ told the disciples to wait until He sent the Holy Spirit to give power Luke 24:49

"Behold, I send the Promise of My Father upon you; but tarry in the city of Jerusalem until you are endued with power from on high."

Christ promised to send the Helper - John 14:26, 15:26 Christ said the Spirit would endue believers with power from on high

3. The Spirit of Might gives us power to be witnesses of Christ Acts 1:8

"But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth."

witnesses of Christ to our relatives and friends (our Jerusalem) witnesses of Christ to others of our cultural background (our Judea) witnesses of Christ to different cultural backgrounds (our Samaria) witnesses of Christ to different languages and religions (our world)

4. The Spirit of Might gives us boldness to speak Ephesians 6:18-20

"Praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints—and for me, that utterance may be given to me, that I may open my mouth boldly to make known the mystery of the gospel, for which I am an ambassador in chains; that in it I may speak boldly, as I ought to speak."

> we are called to be ambassadors of Christ we can pray for boldness to speak for Christ the Spirit will give us the power to speak with boldness

VIII. God wants us to experience the liberty of the Spirit of Knowledge

A. Consequences when we fail to depend on the Spirit of Knowledge

1. Before becoming Christians, we depended on the knowledge of this world 2 Timothy 3:7-8

"Always learning and never able to come to the knowledge of the truth. Now as Jannes and Jambres resisted Moses, so do these also resist the truth: men of corrupt minds, disapproved concerning the faith."

we were continually learning more about the ways of the world we were never able to come to the knowledge of the truth we chose instead to resist the truth we did this because our minds were corrupted

2. Many Christians still depend on the knowledge of this world 1 Timothy 6:20-21

"O Timothy! Guard what was committed to your trust, avoiding the profane *and* idle babblings and contradictions of what is falsely called knowledge—by professing it some have strayed concerning the faith. Grace *be* with you. Amen."

the knowledge of this world leads to profane babblings the knowledge of this world leads to vain babblings the knowledge of this world leads to contradictions this knowledge will cause us to stray from the faith

3. As Christians, our thinking may still be conformed to the world Romans 12:2

"And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what *is* that good and acceptable and perfect will of God."

we act the way the world acts because we think the way the world thinks

we can be transformed by the renewing of our minds we are then able to examine knowledge to see if it is worldly or godly we are then able to determine what is good in its character we are then able to determine what is well pleasing to God we are then able to act with spiritual maturity

1. The Spirit of Knowledge helps us to come to a full knowledge of Christ Ephesians 4:11-13; Galatians 4:19

"And He Himself gave some *to be* apostles, some prophets, some evangelists, and some pastors and teachers, for the equipping of the saints for the work of ministry, for the edifying of the body of Christ, till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ."

"My little children, for whom I labor in birth again until Christ is formed in you."

Christ gave us gifted leaders to equip us Christ gave us godly leaders to build up the body of Christ Christ gave these men to help us come to the unity of the faith Christ gave these men to help us come to the knowledge of God Christ gave us these men to help us grow to spiritual maturity Christ gave us these men to help us become like Christ Christ gave us the Spirit so He could be formed in us

2. The Spirit of Knowledge helps us to know the will of God Colossians 1:9-10

"For this reason we also, since the day we heard it, do not cease to pray for you, and to ask that you may be filled with the knowledge of His will in all wisdom and spiritual understanding; that you may walk worthy of the Lord, fully pleasing *Him*, being fruitful in every good work and increasing in the knowledge of God."

the knowledge of His will is given with all wisdom the knowledge of His will is given with all spiritual understanding the knowledge of His will helps us to walk worthy of God the knowledge of His will helps us to fully please Him the knowledge of His will makes us fruitful in every good work the knowledge of His will causes us to increase in the knowledge of God

3. The Spirit of Knowledge dwells in the new man Colossians 3:10

"And have put on the new *man* who is renewed in knowledge according to the image of Him who created him."

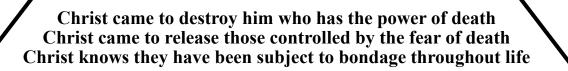
the Holy Spirit dwells in the new man and forms him into the image of Christ

IX. God wants us to experience the liberty of the Spirit of the Fear of the Lord

A. Consequences when we fail to depend on the Spirit of the Fear of the Lord

1. Before we became Christians, we were in bondage to the spirit of this world - Hebrews 2:14-15

"Inasmuch then as the children have partaken of flesh and blood, He Himself likewise shared in the same, that through death He might destroy him who had the power of death, that is, the devil, and release those who through fear of death were all their lifetime subject to bondage."



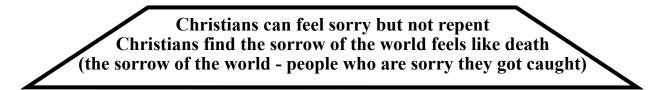
2. Christians are still be in bondage when they depend on their own strength Romans 7:24

"O wretched man that I am! Who will deliver me from this body of death?"

Christians depending on their own strength feel wretched Christians depending on their own strength feel like it is death

3. Christians are still in bondage when there is not godly sorrow for sin 2 Corinthians 7:9-10

"Now I rejoice, not that you were made sorry, but that your sorrow led to repentance. For you were made sorry in a godly manner, that you might suffer loss from us in nothing. For godly sorrow produces repentance *leading* to salvation, not to be regretted; but the sorrow of the world produces death."



4. Christians are encouraged to practice self-examination 1 Corinthians 11:28-30

"But let a man examine himself, and so let him eat of the bread and drink of the cup. For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's body. For this reason many *are* weak and sick among you, and many sleep."

B. Blessings as we learn to depend on the Spirit of the Fear of the Lord

1. We have been set free from the spirit of bondage Romans 8:15

"For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, 'Abba, Father.""

The Spirit set us free from the spirit of bondage to fear The Spirit of adoption makes it possible for us to cry Abba, Father

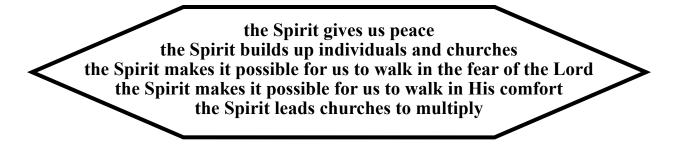
2. The Spirit makes it possible for us to work out our salvation Philippians 2:12-16

"Therefore, my beloved, as you have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling; for it is God who works in you both to will and to do for *His* good pleasure. Do all things without complaining and disputing, that you may become blameless and harmless, children of God without fault in the midst of a crooked and perverse generation, among whom you shine as lights in the world, holding fast the word of life, so that I may rejoice in the day of Christ that I have not run in vain or labored in vain."

we work out our salvation because of a godly fear and reverence we recognize that the Holy Spirit is working in our lives the Holy Spirit helps us to develop blameless lives the Holy Spirit helps us to develop pure lives the Holy Spirit helps us to shine as lights in the world the Holy Spirit gives us power to hold forth the Word of life to others

3. The Spirit multiplies the church as we walk in the fear of the Lord Acts 9:31

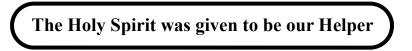
"Then the churches throughout all Judea, Galilee, and Samaria had peace and were edified. And walking in the fear of the Lord and in the comfort of the Holy Spirit, they were multiplied."



X. God wants to transform our lives by the Holy Spirit

A. We were given the Holy Spirit to be our Helper John 14:16-17

"And I will pray the Father, and He will give you another Helper, that He may abide with you forever—the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him; but you know Him, for He dwells with you and will be in you."



B. We were given the Holy Spirit as our Teacher John 14:26

"But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you."

The Holy Spirit was given to teach us all things The Holy Spirit was given to bring all things to our remembrance

C. We were given the Holy Spirit to testify of Christ John 15:26

"But when the Helper comes, whom I shall send to you from the Father, the Spirit of truth who proceeds from the Father, He will testify of Me."

The Holy Spirit was given to testify of Christ

D. We were given the Holy Spirit to guide us into all truth John 16:13

"However, when He, the Spirit of truth, has come, He will guide you into all truth; for He will not speak on His own *authority*, but whatever He hears He will speak; and He will tell you things to come."

The Holy Spirit was given to guide us into all truth

E. We were given the Holy Spirit so we could share the message of forgiveness - John 20:23

"If you forgive the sins of any, they are forgiven them; if you retain the *sins* of any, they are retained."

The Holy Spirit was given to help us share the message of forgiveness

F. We were given the Holy Spirit to make us witnesses of Christ Acts 1:8

"But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth."

the Holy Spirit was given to us so we could be witnesses to Christ

G. We were given the Holy Spirit as a gift Acts 2:38, 10:45, 15:8

"Then Peter said to them, 'Repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit."

"And those of the circumcision who believed were astonished, as many as came with Peter, because the gift of the Holy Spirit had been poured out on the Gentiles also."

"So God, who knows the heart, acknowledged them by giving them the Holy Spirit, just as He did to us."

the Holy Spirit was given to us as a gift

H. We were given the Holy Spirit so we could speak the Word with boldness Acts 4:8-13, 31

"Then Peter, filled with the Holy Spirit, said to them, 'Rulers of the people and elders of Israel: If we this day are judged for a good deed *done* to a helpless man, by what means he has been made well, let it be known to you all, and to all the people of Israel, that by the name of Jesus Christ of Nazareth, whom you crucified, whom God raised from the dead, by Him this man stands here before you whole. This is the "stone which was rejected by you builders, which has become the chief cornerstone." Nor is there salvation in any other, for there is no other name under heaven given among men by which we must be saved.' Now when they saw the boldness of Peter and John, and perceived that they were uneducated and untrained men, they marveled. And they realized that they had been with Jesus. ...And when they had prayed, the place where they were assembled together was shaken; and they were all filled with the Holy Spirit, and they spoke the word of God with boldness."

the Holy Spirit was given so we could speak the Word with boldness the Holy Spirit was given so the church could speak the Word with boldness

I. We were given the Holy Spirit for moment-by-moment guidance Acts 8:29, 10:19

"Then the Spirit said to Philip, 'Go near and overtake this chariot.' ... While Peter thought about the vision, the Spirit said to him, 'Behold, three men are seeking you.""

the Holy Spirit guides us to witness to others

Acts 11:12

"Then the Spirit told me to go with them, doubting nothing. Moreover these six brethren accompanied me, and we entered the man's house."

the Holy Spirit may guide us to break the traditions of others

Acts 13:2

"As they ministered to the Lord and fasted, the Holy Spirit said, "Now separate to Me Barnabas and Saul for the work to which I have called them."

the Holy Spirit guides us as we fast and pray

Acts 13:4

"So, being sent out by the Holy Spirit, they went down to Seleucia, and from there they sailed to Cyprus."

the Holy Spirit guides us to new areas in which to minister

Acts 15:28

"For it seemed good to the Holy Spirit, and to us, to lay upon you no greater burden than these necessary things."

the Holy Spirit guides us to explain Christian liberty

Acts 16:6-7

"Now when they had gone through Phrygia and the region of Galatia, they were forbidden by the Holy Spirit to preach the word in Asia. After they had come to Mysia, they tried to go into Bithynia, but the Spirit did not permit them."

> the Holy Spirit guides us by closing some doors the Holy Spirit guides us by opening other doors

J. We were given the Holy Spirit for effective leadership Acts 20:28

"Therefore take heed to yourselves and to all the flock, among which the Holy Spirit has made you overseers, to shepherd the church of God which He purchased with His own blood."

the Holy Spirit helps us to learn to lead by example the Holy Spirit leads us to have a great concern for the flock the Holy Spirit gives us responsibility for oversight the Holy Spirit gives us responsibility to shepherd the church of God

K. We were given the Holy Spirit to experience the love of God in our hearts Romans 5:5

"Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us."



L. We were given the Holy Spirit to indwell us Romans 8:9

"But you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. Now if anyone does not have the Spirit of Christ, he is not His."



M. We were given the Holy Spirit to bear witness with our spirit Romans 8:16

"The Spirit Himself bears witness with our spirit that we are children of God."



N. We were given the Holy Spirit to make intercession for us Romans 8:26-27

"Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered. Now He who searches the hearts knows what the mind of the Spirit *is*, because He makes intercession for the saints according to *the will of* God."

the Holy Spirit makes intercession for us according to the will of God

O. We were given the Holy Spirit to help us learn to compare spiritual things with spiritual

1 Corinthians 2:13

"These things we also speak, not in words which man's wisdom teaches but which the Holy Spirit teaches, comparing spiritual things with spiritual."

the Holy Spirit leads us as we speak the Word of God the Holy Spirit does not lead us to speak the wisdom of man the Holy Spirit does lead us to compare spiritual things with spiritual

P. We were given the Holy Spirit because we are the temple of God 1 Corinthians 3:16, 6:19; Ephesians 2:22

"Do you not know that you are the temple of God and *that* the Spirit of God dwells in you? ...Or do you not know that your body is the temple of the Holy Spirit *who* is in you, whom you have from God, and you are not your own?" "In whom you also are being built together for a dwelling place of God in the Spirit."

the Holy Spirit has made our body the temple of God the Holy Spirit lives within us so that we are His temple the Holy Spirit was given to us from God the Spirit of God is building us together the Spirit of God makes our bodies a dwelling place for God

Q. We were given the Holy Spirit to give us spiritual gifts 1 Corinthians 12:4 "There are diversities of gifts, but the same Spirit."

Christians have been given diversities of gifts Christians received these gifts from the same Spirit

R. We were given the Holy Spirit as the guarantee of our inheritance 2 Corinthians 1:21-22, 5:5

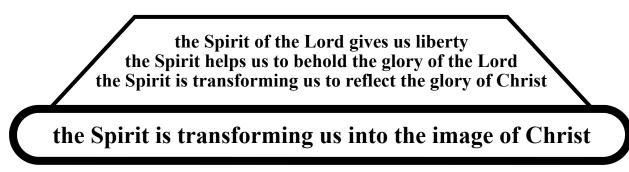
"Now He who establishes us with you in Christ and has anointed us *is* God, who also has sealed us and given us the Spirit in our hearts as a guarantee. ...Now He who has prepared us for this very thing *is* God, who also has given us the Spirit as a guarantee."

God has anointed us and made us a part of His family God gave us the Spirit in our hearts as a guarantee God gave the Spirit as a guarantee of our eternal life

S. We were given the Holy Spirit to give us liberty 2 Corinthians 3:17-18; Galatians 4:19

"Now the Lord is the Spirit; and where the Spirit of the Lord *is*, there *is* liberty. But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord."

"My little children, for whom I labor in birth again until Christ is formed in you."



T. We were given the Holy Spirit to seal us 2 Corinthians 1:22; Ephesians 1:13

"Who also has sealed us and given us the Spirit in our hearts as a guarantee." "In Him you also *trusted*, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit of promise."

> the Holy Spirit sealed us and became our guarantee the Holy Spirit sealed us as the time of our salvation

U. We were given the Holy Spirit to strengthen our inner man Ephesians 3:16

"That He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man."

the Holy Spirit is able to strengthen us with might in the inner man

V. We were given the Holy Spirit to renew us Titus 3:5

"Not by works of righteousness which we have done, but according to His mercy He saved us, through the washing of regeneration and renewing of the Holy Spirit."

the Holy Spirit renewed us at the moment of salvation